Syllabus: I B  Spring 2019
The Mind in Conflict: Listening for Defense

Classes will be held at 96 Fifth Ave Suite 1K
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In this course we will follow the development of Freud's theory of the mind from the repression/abreaction model, to the topographical model through to the structural model and the importance of defense and conflict. We will discuss differences in how Freudian and Kleinian models view the mind in conflict. The course will explore concepts such as the unconscious, consciousness, the ego, superego, conflict and the nature of defenses. Through both reading and clinical material students will begin to learn how to hear and identify the defenses used by patients.

Please purchase Sandler Holder Dare (1997) *Freud's Models of the Mind, An Introduction*. Readings denoted by * are available on the PEP-Web. Those that are not will be provided.

April 8, 2019 **Shifting Models of Mind and of Cure**


Watch **Spellbound**, Alfred Hitchcock. (This can be done for free on YouTube.)

*This movie is not only an engrossing murder mystery by a master, Alfred Hitchcock, but the ‘model of the mind’ of the patient follows the Trauma/Abreaction model which in Sandler’s organization of Freud is Freud’s first model of the mind.*
April 16, 2018  **Topographical Model**

Sandler et al.  *Freud’s Models of the Mind: An Introduction*, Chapters 5-7  

April 22, 2019  **The Structural Model**

Sandler et al.,  *Freud’s Models of the Mind: An Introduction* Chapters 12 & 13  
“Characteristics” and “The Three Agencies” pp.165-184.


*This will prepare us for a reading of Freud’s Ego and the Id, which we do in the next class. The structural model is a major watershed for psychoanalytic theorizing about the psyche.*

April 29, 2019  **The Structural Model**

*Freud, S. (1923), The Ego and the Id.  *Standard Edition, Volume XIX. Chapters II-V are the most important.*

*Please pay attention to how Freud defines the ego, the id and the super-ego; what are the properties of each, and what parts are conscious and what parts unconscious.*
May 6, 2019 **The Defenses: Use and Presentation**


*As you read these chapters think about patients you may have or people you may know in whom you can identify the operation of some of these defenses. Be prepared to discuss.*

May 13, 2019 **Defense in Action**


*This detailed case report and commentary enables us to view defenses in action in the clinical situation as well as the progressive loosening of defenses*
May 20, 2019 **Unconscious Phantasy**


*Please read paying attention to the definition of impulse and think about if this is the same unconscious that we have read about in Freud. What makes it different?*

June 3, 2019 **Introduction to the Kleinian Model of the Mind**


Segal’s paper gives an orientation to a different way of understanding the mind, based on Freud’s findings and extending and transforming them. Hinshelwood explores the distinction between defenses and demonstrates a model of psychoanalytic research.

June 10, 2019 **Projective Identification**


*The views of an American neo-Kleinian (Ogden) and a British Contemporary Kleinian (Spillius) explore the complex mechanism and meanings of projective identification. As you read Spillius’ examples, can you find examples in your own experience of the three types of projective identification she discusses?*
June 17, 2019  Listening to the Analyst's and the Patient's Defenses


*Please be prepared to discuss your thoughts on this question: what are some of the factors involved in the analyst’s ability to discern and work with the patient’s defenses?