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KEY CONCEPTS

CLASS ONE: January 18, 2020

EGO MECHANISMS OF DEFENSE

Required Reading:

Freud, Sigmund. (1926). *Inhibitions, Symptoms and Anxiety*. In *Standard Edition*, XX, (pp. 153-156, 163-164). London: Hogarth Press.

Blackman, Jerome S.,(2004). *101 Defenses: How The Minds Shields Itself*. (pp 1-16 and 137-142). New York City, NY: Brunner - Routledge.

Freud, Anna, (1936). *The Ego and the Mechanisms of Defense*. (Ch 1, 3, and 4). New York. NY: International University Press, 1966.

Suggested Reading:

Arlow, J. A. (2002). *Transference As A Defense*. *Journal of The American Psychoanalytic Association*. 50 (4) 1139-1150.

Blackman, Jerome S. (2004) *101 Defenses: How The Mind Shields Itself*. (pp. 17-135). New York,. Brunner - Routledge.

Freud, Sigmund, (1923). *The Ego and The Id*. In *Standard Edition*. XIX: pp.3-59. London: Hogarth Press.

Hartmann, Heinz. (1950). *Comments on the Psychoanalytic Theory of the Ego*. *The Psychoanalytic Study of the Child*. 5 (1): 74-96.

CLASS TWO: FEBRUARY 1, 2020

CONFLICT and COMPROMISE FORMATION

Required Reading:

Brenner, Charles. (1982) *The Mind In Conflict*. (pp. 55-71, 109-119).
New York, NY. International University Press.

Brenner, Charles. (2000) Conflict, Compromise Formation and Structural Theory.
The Psychoanalytic Quarterly. 71 (3) 397-417.

Suggested Reading:

Brenner, Charles. (1982) *The Mind In Conflict*. Chapter 4, Pages 55-71,
Chapters 6, Pages 93-119, Chapter 8, Pages 120-141. New York. International
University Press.

Freud. S. (1914), Remembering, Repeating, and Working Through: Further
Recommendations on Technique of Psychoanalysis. *Standard Edition XIX*,
(pp.145-156). London: Hogarth Press.

Racker, H. (1957) The Meaning and Uses of Countertransference. *Psychoanalytic
Quarterly*. 26: 303-357.

Waelder, Robert. (2007) The Principle of Multiple Function: Observations on
Over=Determination. *Psychoanalytic Quarterly*. 76 (1): 75-92.

Zetzel, Elizabeth. R. (1956) Current Concepts of Transference. *The international
Journal of Psycho-Analysis*. 37: 369-375.

CLASS THREE: February 29, 2020

EMPATHY, ANALYTIC FRAME and BOUNDARIES, and NEUTRALITY

Required Reading:

Buie, D. H. (1981) Empathy: Its Nature and Limitations. *Journal of the American Psychoanalytic Association*. 29 (2): 281-307.

Freud, Sigmund. (1912) Recommendations to Physicians Practicing Psycho-Analysis. In Standard Edition *XII* (pp. 109-120). London: Hogarth Press.

Gabbard, G. and Lester, E.. (1995) The Analytic Frame, Analytic Boundaries and the Analytic Object, In *Boundaries and Boundary Violations In Psychoanalysis*, (pp. 38-54). Washington, D.C., American Psychiatric Publishing

Poland, W.S. (1984) On the Analyst's Neutrality. *Journal of the American Psychoanalytic Association*. 32 (2): 283-299

Suggested Reading:

Balter, Leon, Lothane, Zvi, and Spencer, James H. (1980). On the Analyzing Instrument, *Psychoanalytic Quarterly*. 49: 474-504.

Shafer, Roy. (1983) *The Analytic Attitude: An Introduction to the Atmosphere of Safety*.
Basic Books.

Stone, Leo. (1961) *The Psychoanalytic Situation: An Examination Of Its Development and Essential Nature*. Madison, International University Press.

LEARNING OBJECTIVES

Class participants will be able to:

- 1) Explain the psychoanalytic conceptualization of defense mechanism and its importance to psychoanalytic theory and treatment.
- 2) Explain the concept of compromise formation and apply it to the conceptualization of a psychoanalytic clinical case.
- 3) Describe the psychoanalyst concept of “analytic frame” and its importance for psychoanalytic treatment.

Contemporary Freudian Society DC

KEY CONCEPTS II

Spring 2020

AU SIS, Room 349

FACULTY: Kate Rickard, PsyD. krtherapy1@aol.com; (202) 413-3124

LEARNING OBJECTIVES:

- 1) Participants will be able to describe the concept of transference, and to discuss contrasting theories about the nature and significance of its contribution to therapeutic action.
- 2) Participants will be able to identify specific approaches to address and utilize transference in therapeutic work.
- 3) Participants will be able to trace historical and contemporary trends in the understanding of countertransference, and its role and significance in psychoanalytic work.
- 4) Participants will be able to discuss alternative conceptualizations of countertransference.
- 5) Participants will be able to describe key approaches and techniques for initiating and fostering the development of fruitful analytic treatment.

CLASS ONE (March 14, 2020; 9-11:45 am)

TOPIC: TRANSFERENCE

Readings:

Bird, B. (1972) Notes on Transference: Universal Phenomenon and Hardest Part of Analysis. *J. Amer. Psychoanal. Assoc*, 20: 267-301.

Loewald, H.W. (1971) The Transference Neurosis: Comments on the Concept and the Phenomenon. *J. Amer. Psychoanal. Assn.*, 19:54-66.

Arlow, J.A. (2002) Transference as Defense. *J. Amer. Psychoanal. Assn.*, 50:1139-1150.

Sugarman, A. (2006) Mentalization, Insightfulness, and Therapeutic Action: The Importance of Mental Organization. *Int. J. Psycho-Anal.*, 87(4):965-987.

Joseph, B. (1985) Transference: The Total Situation. *Int. J. Psycho-Anal.*, 66:447-454.

Ogden, T.H. (1991) Analysing the Matrix of Transference. *Int. J. Psycho-Anal.*, 72:593-605.

Additional Readings:

Freud, S. (1912) The Dynamics of Transference. *The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XII (1911-1913): The Case of Schreber, Papers on Technique and Other Works*, 97-108.

Freud, S. (1914) Remembering, Repeating and Working-Through (Further Recommendations on the Technique of Psycho-Analysis II). *The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XII (1911-1913): The Case of Schreber, Papers on Technique and Other Works*,.145-156.

Freud, S. (1915) Observations on Transference-Love (Further Recommendations on the Technique of Psycho-Analysis III). *The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XII (1911-1913): The Case of Schreber, Papers on Technique and Other Works*,.157-171.

Abend, S.M. (2009) Freud, Transference, and Therapeutic Action. *Psychoanal. Q.*, 78(3):871-892.

Cooper, A.M. (1987) The Transference Neurosis: A Concept Ready for Retirement. *Psychoanal. Inq.*, 7(4):569-585.

Gabbard, G.O. (1991) Technical Approaches to Transference Hate in the Analysis of Borderline Patients. *Int. J. Psycho-Anal.*, 72:625-636.

CLASS TWO: (April 4, 2020; 9-11:45 am)

TOPIC: COUNTERTRANSFERENCE

Readings:

Jacobs, T.J. (1999) Countertransference Past and Present. *Int. J. Psycho-Anal.*, 80:575-594.

Kernberg, O. (1965) Notes on Countertransference. *J. Amer. Psychoanal. Assn.*, 13:38-56.

Sandler, J. (1976) Countertransference and Role-Responsiveness. *Int. R. Psycho-Anal.*, 3:43-47.

Greenson, R.R. (1974) Loving, Hating and Indifference Towards the Patient. *Int. Rev. Psycho-Anal.*, 1:259-266.

Heimann, P. (1950) On Counter-Transference. *Int. J. Psycho-Anal.*, 31:81-84.

Additional Readings:

Reich, A. (1960) Further Remarks on Counter-Transference. *Int. J. Psycho-Anal.*, 41:389-395.

Celenza, A. and Gabbard, G.O. (2003) Analysts Who Commit Sexual Boundary Violations. *J. Amer. Psychoanal. Assn.*, 51(2):617-636.

Racker, H. (2007) The Meanings and Uses of Countertransference. *Psychoanal. Q.*, 76(3):725-777.

CLASS THREE: (April 25, 2020; 9-11:45 am)

TOPIC: BEGINNING PSYCHOANALYTIC TREATMENT

Readings:

Levine, H.B. (2010) Creating Analysts, Creating Analytic Patients. *Int. J. Psycho-Anal.*, 91(6):1385-1404.

Freud, S. (1913) On Beginning the Treatment (Further Recommendations on the Technique of Psycho-Analysis I). *The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume XII (1911-1913): The Case of Schreber, Papers on Technique and Other Works*, 121-144.

Busch, F. (1955) Beginning A Psychoanalytic Treatment: Establishing An Analytic Frame. *J. Amer. Psychoanal. Assn.*, 43:449-468.

Bernstein, S.B. (1990) Motivation for Psychoanalysis and the Transition from Psychotherapy. *Psychoanal. Inq.*, 10(1):21-42.

Frosch, A. (2006) Analyzability. *Psychoanal. Rev.*, 93(5):835-843.

Rothstein, A. (2006) Reflections on the Concept "Analyzability." *Psychoanal. Rev.*, 93(5):827-833.

Ogden, T. H. (1992) Comments on Transference and Countertransference in the Initial Analytic Meeting. *Psychoanal. Inq.*, 12(2):225-247.

Additional Readings:

Gabbard, G.O. and Ogden, T.H. (2009) On Becoming a Psychoanalyst. *Int. J. Psycho-Anal.*, 90(2): 311-327.

The Process of Change Study Group, Stern, D.N., Sander, L.W., Nahum, J.P., Harrison, A.M., Lyons-Ruth, K., Morgan A.C., Bruschiweiler-Stern, N. and Tronick, E.Z. (1998) Non-Interpretive Mechanisms in Psychoanalytic Therapy. *Int. J. Psycho-Anal.*, 79:903-921.

Gann, M.F. (2000) Making the First Move: A Candidate's Step-By-Step Guide to Recommending Psychoanalysis. *J. Clin. Psychoanal.*, 9(1):9-19.

Stern, S. (2009) Session Frequency and the Definition of Psychoanalysis. *Psychoanal. Dial.*, 19(6):639-655.

Weinshel, E.M. (1990) How Wide is the Widening Scope of Psychoanalysis and How Solid is its Structural Model? Some Concerns and Observations. *J. Amer. Psychoanal. Assn.*, 38:275-296.