KEY CONCEPTS

CLASS ONE: January 18, 2020

EGO MECHANISMS OF DEFENSE

Required Reading:


Suggested Reading:


CLASS TWO: FEBRUARY 1, 2020

CONFLICT and COMPROMISE FORMATION

Required Reading:


Suggested Reading:


CLASS THREE:  February 29, 2020

EMPATHY, ANALYTIC FRAME and BOUNDARIES, and NEUTRALITY

Required Reading:


Suggested Reading:


LEARNING OBJECTIVES

Class participants will be able to:

1) Explain the psychoanalytic conceptualization of defense mechanism and its importance to psychoanalytic theory and treatment.

2) Explain the concept of compromise formation and apply it to the conceptualization of a psychoanalytic clinical case.

3) Describe the psychoanalyst concept of “analytic frame” and its importance for psychoanalytic treatment.
FACULTY:  Kate Rickard, PsyD.  krtherapy1@aol.com; (202) 413-3124

LEARNING OBJECTIVES:

1)  Participants will be able to describe the concept of transference, and to discuss contrasting theories about the nature and significance of its contribution to therapeutic action.

2)  Participants will be able to identify specific approaches to address and utilize transference in therapeutic work.

3)  Participants will be able to trace historical and contemporary trends in the understanding of countertransference, and its role and significance in psychoanalytic work.

4)  Participants will be able to discuss alternative conceptualizations of countertransference.

5)  Participants will be able to describe key approaches and techniques for initiating and fostering the development of fruitful analytic treatment.

CLASS ONE  (March 14, 2020; 9-11:45 am)

TOPIC:  TRANSFERENCE

Readings:


Additional Readings:


CLASS TWO:  
(April 4, 2020; 9-11:45 am)  

TOPIC: COUNTERTRANSFERENCE

Readings:


Additional Readings:


CLASS THREE: (April 25, 2020; 9-11:45 am)

**TOPIC:** BEGINNING PSYCHOANALYTIC TREATMENT

Readings:


Additional Readings:


