

Adult Development – Spring 2019  
Kimberly Kleinman

First Class:

1. Settlage, C. F., Curtis, J., Lozoff, M., Lozoff, M., Silberschatz, G., & Simburg, E. J. (1988). Conceptualizing adult development. *Journal of the American Psychoanalytic Association*, 36, 347-369. KELLI
2. Colarusso, C. A. (1991). The development of time sense in young adulthood. *The Psychoanalytic Study of the Child*, 45, 170-194. KATHERINE
3. Colarusso, C. A. (1993). Play in adulthood: A developmental consideration. *The Psychoanalytic Study of the Child*, 48, 25-245. MARGARET
4. Colarusso, C. A. (1995). Traversing young adulthood: The male journey from 20 to 40. *Psychoanalytic Inquiry*, 15, 75-91. SUNDAR
5. Notman, M. T., Zilbach, J. J., Baker-Miller, J., & Nadelson, C. C. (1986). Themes in Psychoanalytic understanding of women: Some reconsiderations of autonomy and affiliation. *Journal of the American Academy of Psychoanalysis*, 14, 241-253. ERIN
6. Akhtar, S., & Billinkoff, Z. (2011). Developmental tasks of early marriage: Barefoot in the Park (1967), Raising Arizona (1987), The Quiet Man (1952). *The American Journal of Psychoanalysis*, 71, 110-120. KALIA

Recommended Reading:

7. Blass, R. B., & Blatt, S. J. (1992). Attachment and separateness: A theoretical context for the integration of object relations theory with self psychology. *The Psychoanalytic Study of the Child*, 47, 189-203. STEWART

Second Class:

Please Read: Ghachar Ghochar by Vivek Shanbag

1. Chodorow, N.J. (1992). Heterosexuality as a Compromise Formation. *Psychoanal. Contemp. Thought*, 15: 267-304. [PLEASE NOTE: for class, read final section only, "Heterosexuality and Homosexuality: Sexuality as a Compromise Formation," (294-301)]
2. Furman, E. (1994). Early Aspects of Mothering: What Makes it so Hard to Be There to Be Left. *J. Child Psychother.*, 20: 149-164.
3. Chodorow, N.J. (2003). "Too Late": Ambivalence About Motherhood, Choice and Time. *J. Amer. Psychoanal. Assn.*, 51: 1181-1198.
4. Jacobo, M. (2001). Revolutions in psychoanalytic theory of lesbian development: Dora to Dykes and back again. *Psychoanalytic Psychology*, 18, 667-683.
5. Isay, R.A. (1986). The Development of Sexual Identity in Homosexual Men. *Psychoanal. St. Child*, 41:467-489.

6. Raphael-Leff Chapter two Family Climates: Interaction Between Father,s Mothers, Babies and siblings.
7. Bergmann, M.S. (2001). Finding an Object. Mod. Psychoanal., 26: 3-13.

### Third Class:

For the 3<sup>rd</sup> class, please read:

You Don't have to Say you Love me  
By Sherman Alexie

Please distribute the reading and reporting responsibilities amongst yourselves.

1. Akhtar, S. (1995). A Third Individuation: Immigration, Identity, and the Psychoanalytic Process. J. Amer. Psychoanal. Assn. 43: 1051-1084.
2. (2006). Psychoanalytic Quarterly, [75](#):215-235  
[\*\*The Wrecking Effects of Race and Social Class on Self and Success\*\*](#)  
[\*\*Dorothy E. Holmes, Ph.D.\*\*](#)
3. (2012). Studies in Gender and Sexuality, [13](#):197-216  
Psychose Blanche  
[\*\*The House of Difference, or White Silence\*\*](#)  
[\*\*Adrienne Harris, Ph.D.\*\*](#)
4. (2014). Psychoanalytic Dialogues, [24\(1\)](#):37-45  
[\*\*From No Name Woman to Birth of Integrated Identity: Trauma-Based Cultural Dissociation in Immigrant Women and Creative Integration\*\*](#)  
[\*\*Kris Yi, Psy.D.\*\*](#)
5. (2014). Psychoanalytic Dialogues, [24\(1\)](#):46-51  
[\*\*Discussion of Kris Yi's Paper "From No Name Woman to Birth of Integrated Identity: Trauma-Based Cultural Dissociation in Immigrant Women and Creative Integration"\*\*](#)  
[\*\*Kimberlyn Leary, ABPP\*\*](#)
6. (2014). Psychoanalytic Psychology, [31\(3\)](#):410-425  
[\*\*Ethnic Invisibility, Identity, and the Analytic Process\*\*](#)  
[\*\*Frank Summers, Ph.D., ABPP\*\*](#)
7. (2006). Psychoanalytic Quarterly, [75\(1\)](#):237-269  
[\*\*Racial Identities, Racial Enactments, and Normative Unconscious Processes\*\*](#)  
[\*\*Lynne Layton, Ph.D.\*\*](#)

**Learning Objectives:**

After these three class sessions, participants will be able to:

1. Explain, from a psychoanalytic perspective, developmental tasks associated with young adulthood in both men and women;
2. Discuss the developmental stage of “motherhood” in terms of a psychoanalytic perspective on adult sense of self and relational styles;
3. Explain the impact that social class, race, and immigrant status has on development of an adult’s sense of identity;
4. Discuss the role of ethnicity and racial identity in the analyst-patient dyad and the analytic process.