

APPREY 9/14/19 – 10/19/19

CONTEMPORARY FREUDIAN SOCIETY

Third Year Candidates and Academic Associates:

11:15-1:30 Diagnostic Thinking (Maurice Apprey)

3 classes:

1. September 14th:

Basic conceptual metapsychological assumptions subserving a psychoanalytic diagnostic profile.

I will teach the basic assumptions that serve as pivots in psychoanalytic diagnostic thinking.

I will take it for granted that candidates know the 1914/1915 metapsychological papers, especially *Instincts and Their Vicissitudes* (1915), *Three Essays on the Theory of Sexuality* (1905), *Beyond the Pleasure Principle* (1920) and *The ego and the Id* (1923). This is available on the PEP Web.

2. September 28th:

The Metapsychological Profile: Considerations Regarding its Use.

The background reading for this seminar is the following:

Humberto Nagera, (1963). *Psychoanalytic Study of the Child*, 18:511-540 The Developmental Profile—Notes on Some Practical Considerations Regarding its Use.

3. October 19th:

Considerations for Analyzability

Candidates will know at least five considerations for analyzability and consider some counterindications for analyzability.

They will use concepts from the psychoanalytic profile to refine ***their own diagnostic formulations of their own cases.***

Learning Objectives:

At the end of these 3 weeks you will be able to:

1. Explain the concept of metapsychology and apply it to diagnostic questions
2. Discuss the concept of analyzability and its application to psychoanalytic treatment
3. Discuss the conversion of a psychotherapy case to a psychoanalytic case

Readings for **Diagnostics Class**: 2 hours 15 minutes

Instructor: Paula Ellman, Ph.D.

Three classes latter half fall semester 2019.

This sequence of three classes in the Diagnostic Course will attend to facets of the symbolizing and non-symbolizing mind. Historically psychoanalysis had depended on working within a symbolized process. Incorporating the widening scope of work into our theory building necessitates consideration of alternative mental processes. In this sequence we will closely consider understandings of symbolization and non-symbolizing mental processes. This includes an examination of psychosomatics and sadomasochism in the mind and their manifestations in the transference/countertransference.

Learning objectives:

1. Participants will demonstrate be able to identify differences between a symbolizing process and a non-symbolizing mind.
2. Participants will be able to apply concepts of sadomasochism to clinical discussions of stalled or ruptured transference/countertransference.
3. Participants will identify intrapsychic process that are represented in bodily expressions.

Class Four: the Symbolizing and Unsymbolized Mind.

Abend, S.M. (2005) Analyzing intrapsychic conflict: compromise formation as an organizing principle. *Psychoanalytic Quarterly*, 74(1): 5-25.

Arlow, J (1963). Conflict, regression, and symptom formation. *International Journal of Psychoanalysis* 44:12-22.

da Rocha Barros, E.M.&. da Rocha Barros, E. L. (2011). Reflections on the clinical implications of symbolism. *International Journal of Psycho-Analysis*, 92(4):879-901.

Freedman, N. & Berzofsky, M. (1995). Shape of the communicated transference in difficult and not-so-difficult patients: symbolized and desymbolized transference. *Psychoanalytic Psychology*, 12(3):363-374.

Segal, H. (1957). Notes on symbol formation. *International Journal of Psychoanalysis* 38: 391-397.

Class Five: **Sadomasochism; the death drive**

Bach, S. (2002). Sadomasochism in clinical practice and everyday life. *Journal of Clinical Psychology*, 11: 225–235.

Bell, D. (2015). The death drive: phenomenological perspectives in contemporary Kleinian theory. *IJP*, 96(2): 411-423.

Chasseguet-Smirgel, J. (1991). Sadomasochism in the perversions: some thoughts on the destruction of reality. *Journal of the American Psychoanalytic Association*, 39: 399–415.

Ellman, P. & Goodman, N. (2013). Chapter Two. *Battling the Life and Death Forces of Sadomasochism*. Routledge: London.

Rosenfeld, H. (1971). A clinical approach to the psychoanalytic theory of the life and death instinct: an investigation into the aggressive aspects of narcissism. *International Journal of Psychoanalysis*, 52: 169–178.

Class Six: **Psychosomatics**

Aisenstein, M. (2006). The indissociable unity of psyche and soma: a view from the Paris Psychosomatic School. *IJP*, 87(3): 667-680.

McDougall, J. (1989) *Theaters of the Body: a psychoanalytic approach to psychosomatic illness*. Norton.

First three chapters – (Will be emailed as a scanned attachment.)

Bronstein, D. (2011). On psychosomatics: the search for meaning. *International Journal of Psychoanalysis*, 92(1):173-195.

McDougall, J. (1974). The psychosoma and the psychoanalytic process. *International Review of Psycho-Analysis*, 1:437-459.

Suggested readings for the future.

For the Symbolizing and Unsymbolized Mind:

Arlow, J. (1977). Affects and the psychoanalytic situation. *International Journal of Psychoanalysis* 58:157-170.

Bass, A. (1997) The problem of concreteness. *Psychoanalytic Quarterly*, 66:642-682.

Brenner, C. (1979). The components of psychic conflict and its consequences in mental life. *Psychoanalytic Quarterly* 48: 547-567.

Brenner, C (2002). Conflict, compromise formation and structural theory. *Psychoanalytic Quarterly*, 71(3):397-417.

Ellman, P. & Goodman, N. (2017). Chapter One of *Finding Unconscious Fantasy: Narrative, Trauma and Body Pain*. Routledge: London.

*Freedman, N & Russell, J. (2003). Symbolization of the analytic discourse. *Psychoanal. Contemp. Thought*, 25(2): 165-199.

Fonagy, P. & Target, M. (1996). Playing with reality: I. Theory of mind and the normal development of psychic reality. *International Journal of Psycho-Analysis*, 77:217-233

Isaacs, S. (1948). The nature and function of phantasy. *IJP*, 29:73-97.

Ogden, T. (1997). Reverie and metaphor: some thoughts on how I work as a psychoanalyst.. *International Journal of Psycho-Analysis*, 78:719-732.

Rangell, L. (1968). A further attempt to resolve the "Problem of Anxiety". *Journal of the American Psychoanalytic Association* 16:371-404.

Rothstein, A. (2005). Compromise formation theory: an intersubjective dimension. *Psychoanalytic Dialogues*, 15(3): 415-431.

Westen, D and Gabbard, G (2002). Developments in cognitive neuroscience: I. conflict, compromise and connectionism. *Journal of American Psychoanalytic Association*, 44:12-22.

Winnicott, D.W. (1953) Transitional objects and transitional phenomena. *International Journal of Psychoanalysis* 34:89-97.

For Sadomasochism; the Death Drive:

Da Masi, F. (2015). Is the concept of the death drive still useful in the clinical field? *IJP*, 96(2): 445-458.

Novick, J. & Novick, K.K. (1987). *Fearful Symmetry: The Development and of Sadomasochism*. Jason Aronson: UK.

Novick, J. & Novick, K.K. (1991). Some comments on masochism and the delusion of omnipotence from a developmental perspective. *JAPA*, 39: 307-331.

Rosenfeld, H. A. (1988). On masochism: A clinical and theoretical approach. In: R. A. Glick & D. I Meyers (Eds.), *Masochism, Current Psychoanalytic Perspectives*, 1988. Hillsdale, NJ: Analytic Press.

Shengold, L. (1988). *Halo in the Sky: Observations on Analogy and Defense*. New York: Guilford Press.

Shengold, L. (1989). *Soul Murder, The Effects of Childhood Abuse and Deprivation*. New Haven: Yale University Press.

For Psychosomatics:

Suggested readings:

Bronstein, C. (2016) Formlessness and countertransference: discussion of J. Press 'Metapsychological and clinical issues in psychosomatics research'. *IJP*, 97 (1): 115-122.

Press, J. (2016) Metapsychological and clinical issues in psychosomatics research. *IJP*, 97 (1): 89-113.

Sklar, J. (2007). Psychosomatics and technique. *American Journal of Psychoanalysis*, 67 (3): 275-282.