

Syllabus: Key Concepts 1
9:00 to 11:45 a.m.
AU SIS Room 349

Fall, 2019: September 14, September 28, October 19, November 2, December 7, December 14
Please note: We will not meet on November 16.

In this class, we will study some of the key concepts of psychoanalysis by following several threads: 1. Freud's Models of the Mind and elaborations on these models, 2. a developmental approach, 3. Psychic Reality, and 4. Unconscious F/Phantasy.

With a firm grounding in these concepts, students will be able to read and comprehend much of the contemporary psychoanalytic literature and to begin to develop their own unique psychoanalytic views of the cause of psychological distress and the essential elements in a psychoanalytic 'cure.' Students will also gain insight into what it means to identify as "Contemporary Freudian" (or not).

While this is a theoretical class, clinical material will be used to illustrate concepts. I have included articles with clinical material that will be used to discuss the concepts presented in the theoretical articles/taught in the class. Students will be asked to contribute their own clinical examples, too.

The reading can look intimidating. The page numbering for readings from *The Standard Edition of the complete psychological works of Sigmund Freud* (abbreviated *SE* in the syllabus) is misleading, as two pages in the *SE* can be printed on one 8 x 11 sheet of paper. That said, there is a lot to read. I hope that you will find it educative and informative, and maybe even fun. For each class I list optional reading which you may pursue if you find the topics of interest. Required reading is marked by an * preceding the citation.

I am looking forward to meeting you and to studying together!

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Learning Objectives

Upon completion of this course, students will be able to:

1. Differentiate the dynamic unconscious from the descriptive unconscious.
2. Describe how the Topographical Model theory of cure differs from the Affect/Trauma model.
3. Explain how symptoms can be viewed as compromise formations.
4. Discuss one way that the Oedipal conflict can be manifest in clinical material.
5. Identify one advantage of incorporating a developmental approach in psychoanalytic treatment.
6. List two ways in which S. Isaac's understanding of unconscious phantasy differs from Jacob Arlow's.
7. Describe a clinical encounter in which the analyst's focus on psychic reality can be defensive.
8. Compare and contrast Modern Conflict Theory with Modern Structural Theory.
9. Explain how Torok's concept of 'the phantom' can be seen as representing intergenerational transmission of trauma.

Updated Syllabus: Key Concepts 1

Class 1: Unconscious Mental Functioning – Freud’s Models of the Mind: 1. Affect/trauma model

A. Affect/trauma model –

1. Theory

*Freud, S. (1893). On the psychical mechanism of hysterical phenomena. *SE II*: 3- 17.

*Loewald, H.W. (1955). Hypnoid State, Repression, Abreaction and Recollection. *Journal of the American Psychoanalytical Association*, 3:201-210.

2. Freud clinical example

*Freud, S. (1893). Case IV Katharina. *SE II*: 125-134.

3. Contemporary clinical example

*Blum, A. and Pfetzing, V. (1997). Assaults to the Self. *Gender and Psychoanalysis*, 2(4):427-44.

Optional reading:

Freud, S. (1896). The Aetiology of Hysteria. Standard Ed. III: 187-221. Freud introduces idea that all hysterical symptoms originate from cases of sexual seduction in early childhood, and hints at infantile sexuality.

Class 2: Freud’s Second Model of the Mind: Topographical Model

A. The Topographical Model

*Freud, S. (1901). The psychopathology of everyday life: Section 1 – The forgetting of proper names. *SE*, VI: 1–7.

*Freud, S. (1901). The psychopathology of everyday life: Section 4 – Childhood memories and screen memories. *SE*, VI: 43-51.

*Freud, S. (1900). The interpretation of dreams: Chapter II The method of interpreting dreams: analysis of a specimen dream. (Irma). *SE*, IV: 96-121.

Optional Reading:

Greenson, R (1970) Exceptional quality of the dream in psychoanalytic practice, *PQ*,39:519-549.

Martin Cabre, L.J. (2011). Exploring Core Concepts: Sexuality, Dreams and the Unconscious, *IJP*, 92(2): 272-274.

Blum, H. (2011). Exploring Core Concepts: Sexuality, Dreams and the Unconscious, *IJP*, 92(2): 275-277.

B. Problems with Affect/Trauma Model and Transition to The Structural Model

*Freud, S. (1923). The ego and the id: Parts I-V. *SE XIX*: 13-59.

Class 3: The Structural Model; Conflict Theory

A. Structural Model – continued

1. Development of the Agencies of the mind – Id, Ego, SuperEgo/Oedipus Complex (per S. Freud)
2. Signal Anxiety and the Danger Situations of Childhood.

B. Clinical application

*Arlow, J.A. (1985). Chapter 2: The Structural Hypothesis. *Models of the Mind: Their Relationships to Clinical Work*, 21-33

Optional:

Anxiety and Symptom Formation -

Freud, S. (1926). Inhibitions, symptoms and anxiety: Parts VIII–X. *SE XX*: 132-156.

C. Conflict Theory

1. Conflict and Compromise in Topographical Model – cf. forgetting of proper names, dreams
2. Conflict and Compromise in Structural Model
3. Brenner's revision of Structural Model – Conflict Theory

*Brenner, C. (1994). The Mind as Conflict and Compromise Formation. *J. Clin. Psychoanal.*, 3(4):473-488.

D. Brenner Clinical Cases/Examples of Conflict Theory applications (Handout -examples from Brenner's *The Mind in Conflict*)

Class 4: Developmental Metaphor/Model and Psychoanalysis; Unconscious F/Phantasy –
November 16

A. Developmental Metaphor/Model and Psychoanalysis

*Hurry, A., (1998). Psychoanalysis and developmental therapy. In A. Hurry (Ed.) *Psychoanalysis and developmental therapy, Psychoanalytic Monograph No.3*. London: Karnac. 32-73.

*Tyson, P. (2002). The Challenges of Psychoanalytic Developmental Theory, Intro and Section "The validity of a psychoanalytic developmental point of view." *J. Amer. Psychoanal. Assn.*, 50(1): 19-23.

*Mayes, L. C. & Spence, D.P. (1994). Understanding therapeutic action in the analytic situation: A second look at the development metaphor. *JAPA*, 42(3): 789-817.

Optional Reading:

Britton, R. (1986). The Infant in the adult. *Psychoanalytic Psychotherapy*, 2 (1): 31-44.
Gilmore, K. (2008). (2008). Psychoanalytic Developmental Theory: A Contemporary Reconsideration. *J. Amer. Psychoanal. Assn.*, 56(3):885-907

B. Unconscious F/Phantasy

*Anniversary Classics and Controversies Section on Unconscious Fantasies – article by Jacob Arlow (originally published in 1969) with commentaries by Ted Jacobs and Don Moss. (2008). *Psychoanalytic Quarterly*, 77 (1): 21-79.

*Isaacs, S. (1948). The nature and function of phantasy. *IJP*, 29: 73-97.

Optional reading:

Sandler, J. and Sandler, A. (1994). Phantasy and its Transformations: A Contemporary Freudian View. *Int. J. Psycho-Anal.*, 75:387-394

Blass, R. B. (2017). Reflections on Klein's radical notion of phantasy and its implications for analytic practice. *IJP*, 98:841-859.

Bohleber, W., Jiménez, J.P., Scarfone, D., Varvin, S. and Zysman, S. (2015). Unconscious Phantasy and its Conceptualizations: An Attempt at Conceptual Integration. *Int. J. Psycho-Anal.*, 96(3):705-730

Litowitz, B.E. (2007). Unconscious Fantasy: A Once and Future Concept. *J. Amer. Psychoanal. Assn.*, 55(1):199-228

Optional Reading

Kalinich, L.J.(1993). On the sense of absence: a perspective on womanly issues. *PQ*, 62: 206-228.

Class 5: Psychic Reality

A. Psychic Reality and External Reality

*Arlow, J. (1985). The concept of psychic reality and related problems. *JAPA*, 33:521-536.

*Schafer, R. (1985). The interpretation of psychic reality, developmental influences, and unconscious communication. *JAPA*, 33: 537-554.

*Oliner, M.M. (1996). External reality: The elusive dimension of psychoanalysis. Sections 'The impact of past events' and 'Unusual events – Unforgotten past—timeless memories,' *Psychoanalytic Quarterly*, 65: 281-289.

Optional Reading:

Arlow, J. (1969). Fantasy, Memory, and Reality Testing. *Psychoanalytic Quarterly*, 38:28-51.

- Freud, S. (1924). The loss of reality in neurosis and psychosis. SE XIX: 183-190.
Friedman, L. (1995). Psychic reality in psychoanalytic theory. IJP, 76: 25-28.
Etchegoyen, R.H. (1996). Some views on psychic reality. IJP, 77: 1-14.
Michels, R. (1985). Introduction to Panel: Perspective on the nature of psychic reality, *JAPA*, 33: 515-519.
Wallerstein, R.S. (1973). Psychoanalytic Perspectives on the Problem of Reality. *J. Amer. Psychoanal. Assn.*, 21:5-33

B. Intergenerational Transmission of Trauma: "The Phantom" – A Different Kind of Psychic Reality

Nicolas Abraham, (1975). Notes on the phantom: A complement to Freud's metapsychology in N. T. Rand (Ed & Trans) 1994. *The shell and the kernel*, vol. 1, pp 171-176, Chicago: U Chicago Press.

C. Clinical Reading – Being an Analyst in Times of Global Crisis

*Kogan, I. (2004). The Role of the Analyst in the Analytic Cure During Times of Chronic Crises. *J. Amer. Psychoanal. Assn.*, 52(3):735-757.

Optional:

Christopoulos, A. (2014). External and Internal Reality: The Impact of the Current Socio-Economic Crisis on the Analytic Dyad. *Int. J. Psycho-Anal.*, 95(6):1131-1153. Review of literature and two cases.

Class 6: Contemporary developments of the Freudian approach; Oedipal Complex

A. Contemporary Freudian Approach

*Druck, A.B. (2011). Modern Conflict Theory: A Critical Review, pp. 1-24, in Druck, A.B., Ellman, C., Freedman, N. & Thaler, A. (Eds.) *A new Freudian synthesis: Clinical process in the next generation*, London: Karnac.

*Druck, A.B. (2011). Modern Structural Theory: A Critical Review, pp. 25-50 in Druck, A.B., Ellman, C., Freedman, N. and Thaler, A, *A new Freudian synthesis: Clinical process in the next generation*. London: Karnac.

Optional:

Sandler and Schachter (2014). An outline of our Contemporary Freudian approach. *British Journal of Psychotherapy*, 30 (1):6-17.

Chodorow, N. (2004). The American Independent tradition: Loewald, Erikson and the rise of Intersubjective Ego psychology, *Psychoanalytic Dialogues*, 14(2): 207-232. See also the (2018) PEP/Top Authors Video on this topic.

Mitchell, S.A. and Harris, A. (2004). What's American About American Psychoanalysis? *Psychoanal. Dial.*, 14(2):165-191.

B. Oedipal Complex

*Poland, W.S. (2007). Oedipal Complexes, Oedipal Schemas. *Amer. Imago*, 64(4):561- 565.

*Kulish, N. and Holtzman, D. (1998). Persephone, the Loss of Virginitiy and the Female Oedipal Complex. *Int. J. Psycho-Anal.*, 79:57-71

*Gu, M.D. (2006). The Filial Piety Complex. *Psychoanal. Q.*, 75(1):163-195.

*Ogden, T. (2006). Reading Loewald: Oedipus Reconceived. *IJP*, 87(3):651-666.

Optional:

Loewald, H. (1979). The Waning of the Oedipus Complex. *J. Amer. Psychoanal. Assn.*, 27:751-775.

Post-class Optional Reading (summer beach reading?): Further explorations of the nature of the unconscious: chimeras, unformulated/unrepresented unconscious states

Stern, D. B. (1983). Unformulated Experience, —*From Familiar Chaos to Creative Disorder. Contemp. Psychoanal.*, 19:71-99

Levine, H.B. (2014). Beyond Neurosis: Unrepresented States and the Construction of Mind. *Rivista Psicoanal.*, 60(2):277-294

Sheldon Bach. (2011) Chimeras: Immunity, Interpenetration and the True Self in S.Bach (2016) *Chimeras and other writings: Selected papers of Sheldon Bach*. Astoria NY: International Psychoanalytic Books. pp 3 – 21.

Matte-Blanco, (1975). *The unconscious as infinite sets*. London: Karnac. Chapter 1 - Introduction to Matte-Blanco's Reformulation of the Freudian Unconscious and his Conceptualization of the Internal world. Written by Eric Rayner and David Tuckett.

A neuropsychanalytic view of the UCS mind:

Solms, M. (1996). Towards an Anatomy of the Unconscious. *J. Clin. Psychoanal.*, 5(3):331-367

Solms, M. and Turnbull, O.H. (2011). What is Neuropsychanalysis?. *Neuro-Psychoanalysis*, 13(2):133-145

Solms, M. (2013). The Conscious Id. *Neuro-Psychoanalysis*, 15(1):5-19

Solms, M. (2013). The unconscious in psychoanalysis and neuropsychology. 101-118. In Akhtar, S & O'Neil, M. (Eds.) *"On Freud's 'The Unconscious,'* London: Karnac.