1A - Becoming an Analyst: Basic Concepts I - Listening in the Analytic Frame

Instructor: Donna Roth Smith, LCSW
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Time: 8:30-10:00 pm
Location: 210 West 89th Street, Suite 1E, NYC

Week 1
• Introduction to Listening

E. Strout. Olive Kitteridge, Chapter 2- The Piano Player
(will be sent to you)

Week 2
• Listening- to both children & adults and how one informs the other
• How knowledge gained from Child Analysis can increase our capacity to use & respond to modes of communication other than speech

JAPA, 48 (3): 839-856


Week 3
• Beginning to Listen & Speak

Bach, S. (2011) The how-to book for students of psychoanalysis and psychotherapy, London: Karnac. Chapter 2 – How to do an initial interview and Chapter 4-How to listen to a patient


Process Material will be discussed as time permits
Week 4
  •  What is “evenly suspended attention”?


Freud, S. (1912c). Recommendations to physicians practicing psycho-analysis. SE. V. 12, pp109-120

Process material will be discussed as time permits

Week 5
  •  First Meetings & Developing a Psychoanalytic Attitude


Process Material will be discussed as time permits

Week 6
  •  More on Beginnings and Transference


Week 7
  •  Recognition and Empathy


Additional:

**Week 8**
- **How the Analyst Listens**


Process Material will be discussed as time permits

**Week 9**
- **The Internal Work of the Analyst**


Process Material will be discussed as time permits

**Week 10**
- **Transformation**