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Syllabus: I B Spring 2017
The Mind in Conflict: Listening for Defense

In this course we will follow the development of Freud's theory of the mind from the repression/abreaction model, to the topographical model through to the structural model. Throughout we will pay attention to the evolution of the concept of the ego, as it shifts from being equivalent to the conscious mind to being seen as the organ of perception and mediator between the unconscious mind and reality. Midway through the course we should have a clearer idea of what is meant by conflict and by defense. We will overlap with Toddler Development (2B) when we look at certain impulses and the defenses against them that center on the anal zone, and look ahead to what those impulses and defenses might look like in adult patients. In all of this we want to be thinking about the progressive structuralization of a mind. Each week during the latter part of the class we will be developing our own capacity to listen for defense. Initially I will bring in session material from my own practice. As the semester progresses candidates will present their patient's material. Focus will be listening to the movement in the session between anxiety and defense.

Please purchase Sandler Holder Dare (1997) *Freud's Models of the Mind, An Introduction*. Most readings can be found on PEP-Web. For readings with an asterisk, look at the Candidate Portal at www.instituteofcfs.org and go to the course 1B where you should find the readings scanned in.

March 27, 2017 First Class: Shifting Models of Mind and of Cure

Reading: Sandler Holder Dare, *Freud's Models of the Mind, An Introduction*. pp.11-54. Affect Abreaction/Trauma Model

Watch *Spellbound*, Alfred Hitchcock. (This can be done for free on YouTube.)

This movie is not only an engrossing murder mystery by a master, Alfred Hitchcock, but the 'model of the mind' of the patient follows the Trauma/Abreaction model which in Sandler's organization of Freud is Freud's first model of the mind.

2. April 3, 2017 Second Class

Topographical Model: The Unconscious:

Reading: Sandler et al. *Freud's Models of the Mind: An Introduction*, " Chapters 5-7 "The System Unconscious, The System Preconscious, The System Conscious" pp. 72-96.

3. April 17, 2017 Third Class

The Structural Model: The Superego

Reading: Sandler et al., "Characteristics " and "The Three Agencies" Chapters 12 & 13, pp.165-184.

*Arlow, J and Brenner, C. *Psychoanalytic Concepts and the Structural Theory*, IUP, 1964, Chpts. 3

and 4.

This will prepare us for a reading of Freud's Ego and the Id, which we do in the next class. The structural model is a major watershed for psychoanalytic theorizing about the psyche.

4. April 24, 2017 Fourth Class: The Structural Model

Freud, S. (1923), The Ego and the Id. Standard Edition, Volume XIX. Chapters II-V are the most important.

Please pay attention to how Freud defines the ego, the id and the superego; what are the properties of each, and what parts are conscious and what parts unconscious.

5. May 1, 2017 Fifth Class The Unconscious: Melanie Klein.

Reading: Isaacs, S. (1948) "The Nature and Function of Fantasy" International Journal of Psychoanalysis: 29: 73-97. Skip Section 1A and restart on p. 79 after the heading "Transference Situation" and read to the end. Please read paying attention to the definition of impulse and think about if this is the same unconscious that we have read about in Freud. What makes it different?

6. May 8, 2017 Sixth Class The Chief Anxieties and Danger Situations of Childhood (and Adulthood) and defenses typically mounted to counter them.

Please note: Location 129 East 82nd Street (corner Lexington and 82nd) at the home of Phee Rosnick
*Freud, A. (1966) Orientation of the Processes of Defense According to the Source of Anxiety and Danger, Chpt. 5 in The Ego and the Mechanisms of Defense, Vol II, 54-65. (www.pticontemporaryfreudiansociety.org. faculty/candidate portal under class 1B.)
Brenner, C. (1992) The Structural Theory and Clinical Practice, Journal of Clinical Psychoanalysis, Vol I: 369-380.

For a 'cheat sheet' on defenses buy Blackman, J.S. 101 Defenses: How the Mind Shields Itself, Brunner-Routledge, 2004

7. May 15, 2017 Projective Identification. Combined Class with Kim Kleinman to watch and discuss video: "When the Bough Breaks" This video will dramatically demonstrate projective identification at work between mother and child with phase specific anxieties and defenses.

*Ogden, T. The Concept of Projective Identification in Projective Identification and Psychotherapeutic Technique, Aronson, 1982.
(or Ogden, T., 1979, On Projective Identification, IJP, 60:357-373.)

*Priscilla Roth, "Using Projective Identification"

The reading on projective identification will prepare you for an examination of the mechanisms you will see played out in this film between mother and daughter. We will examine the 'what' and 'how' of unconscious projection and introjection of unwanted aspects of the self.

8. May 22, 2017 Eighth Class: "Neurotic" level Defenses

*McWilliams, N. Chapter 6, Higher Level Defenses,
pp. 117-144.

9. June 5, 2017 Ninth Class: Working within the Ego

Busch, F. (2004). A missing link in psychoanalytic technique. *Int. J. Psycho-Anal.*, 85:567-572

*Busch, F., (2014), *Creating a Psychoanalytic Mind: A psychoanalytic method and theory*, Chpt. 5,
How the Unconscious Speaks to Us, pp. 46-65.

10. June 12, 2017 Tenth Class: TBD

Please note classes will be held at 103 East 75th Street Suite 1RW. If you are delayed or need to cancel on short notice please call 212-828-0255.