

## **Course 3A - Psychoanalytic Theory and Practice - Diagnostic Thinking I: Hysteria and Obsessional Neuroses**

**Instructor: Charles Rosen**  
**Winter 2016-2017**  
**10 Sessions**

**Location:** All classes will be held at the office of Charles Rosen, 98 Riverside Dr., Suite 1C. NOTE: The building entrance is on W.82<sup>nd</sup> St., just off Riverside Drive.

### **Course Description:**

This course returns to the beginnings of psychoanalysis. Starting with the earliest cases of Freud and Breuer, we will attempt to show how “new” techniques of listening to and understanding the presentations of hysterical and then obsessional patients evolved into the seminal ideas of psychoanalysis. Our own capacities to listen and understand also evolve over time. We attempt to build on skills of psychoanalytic listening. The emphasis is on analysands whose development has reached the level of capacity to symbolize, and issues of levels of psychic maturation and object relatedness are discussed.

### **Some goals of this course:**

- 1) A beginning capacity to recognize and diagnostically formulate an understanding of clinical states, defensive systems and neurotic pathologies in analysands who have achieved a relatively sustained level of separateness, express a range of affects and who have the ability to reflect on experience.
- 2) Connected to the above, the ability to understand analytic process, facilitate free association, and become aware of and approach resistance will be developed. We will build on the understanding and awareness of transference and countertransference, as well as understanding different levels of anxiety as these manifest in our work.
- 3) We will make use of clinical material provided by the instructor, as well as by candidates.
- 4) As we discuss these issues in the neurotic, inevitably the issues of differences from more primitive pathologies, as well as the uncovering of earlier and less structured pathologies in the same patient will be considered.

### **Some key concepts of this course:**

Anxiety

Neurosis  
Symptoms  
Hysteria and Hysterical Phenomena  
Obsessional Phenomena  
Repression  
Dissociation  
Isolation  
Conflict/Defense/Compromise Formation  
Free Association  
Resistance  
Interpretation

**A note on optional readings:**

There is much to cover in this course, and it is not possible to include everything we would like to read. Where I list something as optional, please understand it is not expected that you will have read this. I will attempt, time permitting, to give a brief summary of what we think are the main points in these papers, and perhaps have some brief discussion of those points.

**Part I: Historical Background: Freud's Developing Theory of the Neuroses**

**Session #1 – 12/5/16**

From Freud, S. and Breuer, J. Studies on Hysteria (1895), Standard Edition, II  
Breuer and Freud: Preliminary Communication  
Breuer: Fraulein Anna O.  
Optional: Freud: Frau Emmy von N.

**Session #2 – 12/12/16**

Freud, S. (1908) Hysterical Fantasies and their Relation to Bisexuality,  
Standard Edition, IX, pp. 159-166  
Freud, S. (1911) Formulations on the Two Principles of Mental Functioning, S.E. XII, pp.  
218-226  
Optional: Freud, S. (1916-1917), Introductory Lectures on Psychoanalysis III: The Paths  
to the Formation of Symptoms, S.E. XVI, pp 358-377

**Session #3 - 1/9/17**

Freud, S. (1916-1917) Introductory Lectures on Psychoanalysis III:  
Transference, S.E. XVI, pp 431-447  
Tyson, P. (1996a) Neurosis in childhood and Psychoanalysis: a developmental  
reformulation. JAPA, 44:143-165

#### **Session #4 – 1/23/17**

Freud's Change of Theory: Implications for Symptoms and Conflicts

Freud, S. (1924) Neurosis and Psychosis, S.E. XIX, pp. 149-157

Freud, S. (1926) Inhibitions, Symptoms and Anxiety, S.E. XX, pp. 101-110

Optional: Freud, S. (1924) The Loss of Reality in Neurosis and Psychosis, S.E. XIX, pp. 183-190

### **Part II: The Psychopathology of the Neuroses**

#### **A. Symptom Neuroses: Hysteria and Phobia**

##### **Session #5 – 1/30/17**

Krohn, A. Hysteria: The Elusive Neurosis, pp. 261-316

Britton, R. Getting in on the Act: The Hysterical Solution (1999)

International Journal of Psychoanalysis, v.80, pp 1-14

##### **Session #6 - 2/6/17**

Rangell, L. (1952) The Analysis of a Doll Phobia, Int. J. Psycho-Anal. v.33, pp 43-53

Jacobs, T. An Anniversary Reaction in a Four-Year-Old Child

#### **B. Symptom Neuroses: Obsessive Compulsive Neurosis**

##### **Session #7 - 2/13/17**

Freud, S. (1913) The Disposition to Obsessional Neurosis, S.E. XII, pp. 317-326

McGehee, Rex H. (2005) Child Psychoanalysis and Obsessive-Compulsive Symptoms: The Treatment of a Ten-Year-Old Boy. JAPA 53:213-237

Optional: Freud, A. (1966) Obsessional Neurosis: A Summary of Psycho-Analytic Views as Presented at the Congress, Int. J. Psycho-Anal., v47, pp116-122

#### **C. Character Neuroses: Hysterical Character; Obsessive-Compulsive Character**

##### **Session #8 – 2/27/17**

Easser, B. and Lesser, S., Hysterical Personality: A Re-Evaluation (1965), Psychoanalytic Quarterly, v. 34, pp 390-405

Lewin, B., (1930) The Compulsive Character. In: Selected Writings, Ed. J. Arlow, New York, IUP

Optional: Zetzel, E. The So Called Good Hysteric (1968), Int. J. Psycho-Anal v49, pp256-260

### **Part III: Technique**

#### **Session #9 - 3/6/17**

Kris, A. (1996) "The Method of Free Association." From, Free Association: Method and Process, revised and expanded edition. Karnac., pp 22-30.

Freud, S (1916-1917) Introductory Lectures on Psychoanalysis III: Resistance and Repression, S.E. XVI, pp286-302

Optional: Abraham, K. (1919) A Particular Form of Neurotic Resistance Against the Psycho-analytic Method. (From Selected Papers of Karl Abraham, Ch. XV)

#### **Session #10 - 3/13/17**

Pine, F. (1994) Some impressions regarding conflict, defect and deficit. Psychoanalytic Study of the Child, 49: 222-240

Jacobs, T. (1999), On Beginnings: The Concept of the Therapeutic Alliance and the Interplay of Transferences in the Opening Phase

Optional: Arlow, J. (1979), The Genesis of Interpretation, J. Amer. Psychoanal. Assn, v. 27S, pp 193-206