BECOMING AN ANALYST: LEARNING TO LISTEN  Winter 2016.

The analyst must “turn his own unconscious like a receptive organ towards the transmitting unconscious of the patient. He must adjust himself to the patient as a telephone receiver is adjusted to the transmitting microphone. Just as the receiver converts back into sound waves the electric oscillations in the telephone line which were set up by sound waves, so the doctor’s unconscious is able, from the derivatives of the unconscious which are communicated to him, to reconstruct that unconscious, which has determined the patient’s free associations.”
Freud, 1912. ¹

The radical ambiguity of the ‘psychoanalytic situation...needs to be maintained and kept healthy by the analyst’s way of listening, which keeps it from collapsing.... analytic listening involves hearing everything as itself and as potentially resonant with something else.  First, 2010. ²

Week One: Listening
Is the storyteller a part of the story? How and why?
A brief work of fiction will be sent to you by the instructor. When we listen closely, what can we discover?
•Please read attached: pp. 1-3 that begins “The first phase of my research...” (Lerner)
•Sharpe, E. F. (1940). Psycho-Physical Problems Revealed in Language: An Examination of Metaphor. IJP 21:201-213. (You may find this on the Pep-web)

Week Two: First Meetings

Process Material will be discussed as time permits

Week Three: What is “evenly hovering attention?”

¹ Freud, S. (1912c) See above.
Process material as time permits

**Four: What is empathy?**


Process Material will be discussed as time permits

**Week Five: More on First Meetings**


Process Material will be discussed as time permits

**Week Six: How Does the Analyst Listen?**


Process Material will be discussed as time permits

**Week Seven: The Internal work of the Analyst**


Process Material will be discussed as time permits

**Week Eight: Listening to Ourselves Listening. Utilizing the Countertransference.**


- Writing assignment due this week. Please use 750 words to write--in your own style and voice--some thoughts and impressions about a few moments you recently spent with a patient.

Process material as time permits
Week Nine: What do we learn from 'Listening' to children?

Process material as time permits

Week Ten: Transformation

~Writing Assignments Discussion: There will be a 750 word paper due for class in Week Eight.